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Sébastien Ratel et Allison Diry du Programme C de notre Laboratoire publient un nouvel article international en collaboration avec la fédération francaise d'Aviron:

What is the physiological impact of reducing the 2,000 m Olympic distance in rowing to 1,500 m and 1,000 m for French young competitive rowers? Insights from the energy system contributiondoi: 10.3389/fphys.2022.896975. eCollection 2022.2022 Jul 18;13:896975. Allison Diry(https://pubmed.ncbi.nlm.nih.gov/?sort=date&term=Diry+A&cauthor_id=35923235) , Sébastien Ratel(https://pubmed.ncbi.nlm.nih.gov/?sort=date&term=Ratel+S&cauthor_id=35923235) , Alan Nevill(https://pubmed.ncbi.nlm.nih.gov/?sort=date&term=Nevill+A&cauthor_id=35923235) , Hugo Maciejewsk(https://pubmed.ncbi.nlm.nih.gov/?sort=date&term=Maciejewski+H&cauthor_id=35923235)i

Frontiers | What is the physiological impact of reducing the 2,000 m Olympic distance in rowing to 1,500 m and 1,000 m for French young competitive rowers? Insights from the energy system contribution (frontiersin.org)(https://www.frontiersin.org/articles/10.3389/fphys.2022.896975/full)

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